

Multiple Intelligences Indicator

For each of the following behaviors, determine the rating that best describes your behavior:

4 This applies to me completely.

3 This applies to me strongly.

2 This applies to me somewhat.

1 This hardly applies to me.

0 This does not apply to me at all.

I

- A. I enjoy reading.
- B. I tend to think of logic problems as exciting challenges.
- C. I sketch or draw when I think.
- D. I like to sing, even to myself.
- E. I am good at using my hands to fix or build things.
- F. I am good at making new friends.
- G. I like to spend time thinking about myself and what I value.
- H. I like being outside whenever possible.

II

- A. When I learn a new vocabulary word, I try to use it in my conversation or writing.
- B. I prefer math to social studies and English classes.
- C. I am able to distinguish subtle variations in color, line, and shape.
- D. I listen to music often.
- E. I have a good sense of balance and coordination.
- F. I like social gatherings and activities.
- G. I greatly value my independence.
- H. I am good at forecasting changes in natural phenomena (such as the coming of seasons or rain).

III

- A. I like to argue a point or to explain things.
- B. I am adept at seeing patterns and anomalies in a situation.
- C. I am good at visualizing ideas.

D. I am able to keep a tune.

E. I am able to learn a new dance or sport quickly.

F. Going to parties is one of my favorite pastimes.

G. I often talk to myself.

H. I get involved with ecological problems (e.g., cleaning up beaches, preserving a local park).

IV

- A. I speak in metaphors and use expressive language.
- B. I am good at working with numbers and data.
- C. I am good at reading a map.
- D. I am able to play a musical instrument well.
- E. I often talk with my hands.
- F. I am easy to get to know.
- G. I regularly reflect upon my assets and liabilities.
- H. I prefer biology to chemistry.

V

- A. I am good at using words to describe things.
- B. I take very little on faith alone.
- C. When I read, I see the story in my head.
- D. I can tell when music is flat, off-time, or out of key.
- E. I look forward to physical activity, even if it is strenuous.
- F. I look for opportunities to work with and meet new people.
- G. I like to think things through before I take action.
- H. I am good at outdoor recreations like hunting, fishing, or bird watching.

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Appendix A: Multiple Intelligences Indicator for Adults

VI

- A. I am good at using words to persuade others.
- B. I am comfortable with abstract ideas.
- C. When I watch a movie, I focus more on what I see than what I hear.
- D. I have a "musical library" in my head.
- E. If I can't move around, I get bored.
- F. I ask the advice of others when I have a difficult decision to make.
- G. I regularly need time to myself.
- H. I have a green thumb.

VII

- A. I am interested in the meaning of words.
- B. I have an ability to read and understand charts or diagrams with numbers.
- C. I am good at matching colors and decorating.
- D. I like to make up my own tunes and melodies.
- E. I need to manipulate things with my hands to know how they work.
- F. I dislike confrontations and try to keep harmony when they occur.
- G. I like to set personal goals for myself.
- H. I like to draw or take pictures of natural settings or objects.

VIII

- A. I find writing enjoyable.
- B. Current debates and topics in science fascinate me.
- C. I can stand in one location and visualize things from different locations without moving.
- D. I am good at keeping a beat.
- E. I like hands-on activities like woodworking, building models, or sewing.
- F. I am good at making people feel comfortable.
- G. I tend to trust my own judgment over the advice of others.
- H. I like hiking and camping.

IX

- A. I like going to a bookstore or library to read and research ideas.
- B. I believe that there is a logical explanation for almost everything.
- C. I am better at remembering faces than names.
- D. I have a clearly defined musical taste (I know what I like and what I don't).
- E. I would rather play a sport than watch it.
- F. I respond strongly to other people.
- G. I like being my own boss.
- H. I feel comfortable and confident outdoors.

X

- A. I'm good at Scrabble, Boggle, crossword puzzles, or other word games.
- B. I enjoy games that require tactics and strategy.
- C. I am good at playing Pictionary, solving mazes, and/or identifying optical illusions.
- D. I am good at remembering the names of songs.
- E. I am good at mimicking other people's physical behavior.
- F. I enjoy getting others to work together.
- G. I like games that I can play alone, like solitaire or computer games.
- H. I am good at using the sun and the stars to guide myself in the woods.

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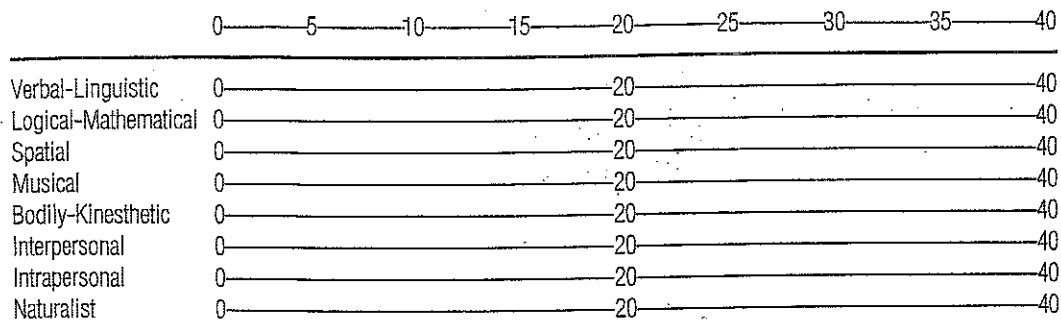
SCORING

To determine your comfort with each of the eight intelligences, compute your totals for each letter:

Letter	Type of Intelligence	Item										Total
		I	II	III	IV	V	VI	VII	VIII	IX	X	
A	Verbal-Linguistic											
B	Logical-Mathematical											
C	Spatial											
D	Musical											
E	Bodily-Kinesthetic											
F	Interpersonal											
G	Intrapersonal											
H	Naturalist											

VISUALIZING YOUR PROFILE

In order to visualize the strength of your comfort, plot your score on the scale below:



COMFORT LEVEL

32-40 - very comfortable with this type of intelligence
 24-31 - comfortable with this intelligence
 16-23 - moderately comfortable with this intelligence

8-15 - little comfort with this intelligence
 0-7 - no comfort with this intelligence

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