

Think About YOUR Thinking

(Metacognition)

BEFORE	DURING	AFTER
<p>Get Set: Am I ready to begin?</p> <ul style="list-style-type: none"> • tune out distractions • get comfortable <p>Set Purpose: Why am I doing this?</p> <ul style="list-style-type: none"> • understand what I am being asked to do • preview questions <p>Connect: What do I already know about this topic?</p> <p>Predict: What am I going to learn?</p> <p>Preview: What do I notice when I scan the material?</p> <ul style="list-style-type: none"> • titles, subtitles, and headings • pictures and captions • charts and graphs • highlighted and italicized words 	<p>Check Comprehension: Do I get it?</p> <ul style="list-style-type: none"> • stop when it doesn't make sense • make connections <ol style="list-style-type: none"> 1. text to self 2. text to text 3. text to society/world • visualize what is being read <p>Clarify: Am I checking that I understand?</p> <ul style="list-style-type: none"> • STOP AND <i>THINK!</i> <ol style="list-style-type: none"> 1. don't let my mind wander 2. slow down 3. reread 4. ask questions <p>Take Notes: Am I using a strategy that suits the activity or text?</p> <ul style="list-style-type: none"> • X Marks the Spot • Cornell Notes • • 	<p>Summarize: What are the main ideas and supporting details?</p> <p>Synthesize: Can I take the main ideas and....?</p> <ul style="list-style-type: none"> • visualize • make an inference • draw a conclusion • make a judgment • form an opinion <p>Question: What do I still need to understand?</p>