

Team Members

- Mrs. Alisse Auchenbach, grade 5
- Mrs. Allison Eshleman, school counselor
- Mr. Joe Fidler, grade 5
- Dr. Gregory Fries, Principal
- Mrs. Tammy Hughes, school nurse
- Mrs. Autumn Rheume, school counselor
- Mr. Richard Spraut, grade 6
- Dr. Margaret Wright, Assistant Principal

4355 Dunham Drive
Reading, Pa. 19606
(610) 779-7640

Principal:
Dr. Gregory Fries

Assistant Principal:
Dr. Margaret Wright

School Counselors:
Mrs. Allison Eshleman
Mrs. Autumn Rheume



ETSD



Reiffton School

www.exeter.k12.pa.us

Elementary Student Assistance Program

STAR TEAM



Serving grades 5 and 6

4355 Dunham Drive
Reading, PA 19606
610-779-7640
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What is the Elementary Student Assistance Program?

In Pennsylvania, every middle and high school and some elementary schools have a Student Assistance Program (SAP). A SAP/ESAP team, made up of school and agency staff, is here to help you access school and community services. Reiffon's ESAP team will help you find services and assistance within the school, and if needed, in the community. We do not diagnose, treat, or refer your child for treatment. Rather we will provide you with information; **you** make the decisions. We cannot assist your child without your permission. **Remember, you are an important part of our team.** Our goal is to help your child succeed in school. The ESAP Team and the school will respect you and your child's privacy at all times.

What Happens After I Give My Permission?

There are several steps that the team will take after you sign the permission form:

1. The ESAP team will gather objective information about your child's performance in school from all the school staff who have contact with your child. An ESAP team member will also talk with you about your observations, your child's strengths, and your concerns.
2. Together, you and the ESAP team will develop a plan of action to help your child achieve success in school. The plan might include services and activities in school and/or services from a community agency. If necessary, the ESAP team will talk with you about services in the community and give you information on how to contact others who may be able to help.
3. The ESAP team will continue to work with and support your child. At your request, they will stay in touch with you to talk about your child's success in school. Your continued involvement is very important.

Do You See Your Child Showing Any of These Behaviors?

- Withdrawing from family, friends and/or school
- Changing friends; no longer spends time with old friends
- Unexplained physical injuries
- Talking about suicide
- Depressed
- Defying authority, both at home and at school
- Acting aggressively
- Lying
- Needing money without an explanation
- Sudden drop in grades
- Experimenting with drugs or alcohol

Are You Concerned about Your Child's Reaction to:

- Recent death of a loved one
- Divorce of parents
- Family relocation
- A relationship problem
- Other traumatic event