

Food Services Coordinator: Courtney Epler
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 Please check the District Website, Food Services Tab to learn more.
 Sign Up for *SchoolCafe.com* to apply for free/reduced meals, Look up nutritional & make payments. Set up an account to receive low balance alerts.







Exeter Township School District Sr. High School Lunch Menu September 2020



Meal Prices
Breakfast Student - \$2.05
 Reduced - \$.30
 Adult - \$ 2.50
Lunch Student - \$3.10
 Reduced \$.40
 Second Entree \$2.30
 Adult - \$4.25

** Menu Subject to Change **

| Weekly Menu | Monday | Tuesday September 1st | Wednesday September 2nd | Thursday September 3rd | Friday September 4th |
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| <p>We will be offering Grab & Go Breakfast and Lunch to purchase from school cafe only!</p>  <p>Juice Choices: Orange Juice Apple Juice Grape Juice</p> <p>* Juice will be offered daily with</p>  <p>Fruit & Vegetable Options* Carrots Cucumbers Broccoli Cauliflower Celery</p> <p>** Fruit & Vegetable Provided Depend On Availability</p>  <p>Milk Choices White Chocolate</p> <p>(Soy Milk is available for students w/dairy allergies)</p> <p>*Milk served with Lunch Daily</p>  | <p>Monday September 7th</p> <p>Breakfast Entree School Closed District Closed</p> <p>Lunch Entree School Closed</p> | <p>Tuesday September 1st</p> <p>Breakfast Entree Chocolate Chip Pancakes</p> <p>Lunch Entree Chicken & Cheese Quesadilla w/Salsa Served with: Hummus w/Veggie Dippers, and Peaches</p> | <p>Wednesday September 2nd</p> <p>Breakfast Entree Cinnamon Roll</p> <p>Lunch Entree Pasta & Meatsauce w/Garlic Bread Served with Salad Greens, Steamed Zucchini, and Fruit Salad</p> | <p>Thursday September 3rd</p> <p>Breakfast Entree Egg & Cheese on Croissant</p> <p>Lunch Entree Ham & Cheese on Pretzel Roll Served with Baked Beans, Coleslaw, and Pineapples</p> | <p>Friday September 4th</p> <p>Breakfast Entree School Closed</p> |
| | <p>September 7th</p> <p>Breakfast Entree Cinnamon Toast Crunch Cereal and Blueberry muffin</p> <p>Lunch Entree French Bread Pizza Served with California Veggies and Peas</p> | <p>September 8th</p> <p>Breakfast Entree Bagel & Cream Cheese with Yogurt</p> <p>Lunch Entree Asian Bowl Served with Rice & Oriental vegetables</p> | <p>September 9th</p> <p>Breakfast Entree Bagel & Cream Cheese with Yogurt</p> <p>Lunch Entree Mac & Cheese topped with Philly Steak Served with Spinach Salad, and Pears</p> | <p>September 10th</p> <p>Breakfast Entree Breakfast Pizza</p> <p>Lunch Entree Chicken Patty Sandwich Served with steamed Broccoli, and Apple Sauce</p> | <p>September 11th</p> <p>Breakfast Entree French Toast Cereal Bar</p> <p>Lunch Entree Italian Hoagie Served with String Beans, and Mandarin Oranges</p> |
| <p>September 14th</p> <p>Breakfast Choices Egg & Potato Scramble</p> <p>Lunch Choices Walking Taco's with Lettuce, Tomato, Fiesta beans, Corn, and Mangos</p> | <p>September 15th</p> <p>Breakfast Choices Cinnamon Toast Crunch Cereal w/ Apple Cinnamon Muffin</p> <p>Lunch Choices Hot Dog with a side of Chili Served with Zesty Sideswinder Fries, Green Beans, and Strawberries</p> | <p>September 16th</p> <p>Breakfast Choices Breakfast Pizza</p> <p>Lunch Choices Mac & Cheese topped with Philly Steak Served with Spinach Salad, and Pears</p> | <p>September 17th</p> <p>Breakfast Entree Bacon, Egg, Cheese Sandwich</p> <p>Lunch Entree Cheeseburger on Bun Sideswinder Fries, Coleslaw, and Grapes</p> | <p>September 18th</p> <p>Breakfast Entree Cinnamon Toast Crunch Cereal w/ Banana Muffin</p> <p>Lunch Entree Chicken Drumstick & Biscuit Steamed Snap Peas, and Fruit Cocktail</p> | |
| <p>September 21st</p> <p>Breakfast Entree Cinnamon French Toast</p> <p>Lunch Entree Meatball Sub Served with Steamed Broccoli and Apple Sauce</p> | <p>September 22nd</p> <p>Breakfast Entree Chocolate Chip Pancakes</p> <p>Lunch Entree Chicken & Cheese Quesadilla w/Salsa Served with: Hummus w/Veggie Dippers, and Peaches</p> | <p>September 23rd</p> <p>Breakfast Entree Cinnamon Roll</p> <p>Lunch Entree Pasta & Meatsauce w/Garlic Bread Served with Salad Greens, Steamed Zucchini, and Fruit Salad</p> | <p>September 24th</p> <p>Breakfast Entree Egg & Cheese on Croissant</p> <p>Lunch Entree Ham & Cheese on Pretzel Roll Served with Baked Beans, Coleslaw, and Pineapples</p> | <p>September 25th</p> <p>Breakfast Entree Bagel & Cream Cheese w/ yogurt</p> <p>Lunch Entree Stuffed Shells w/ Garlic Bread Both served with Salad, Steamed Cauliflower, and Peaches</p> | |
| <p>September 28th</p> <p>Breakfast Entree Egg & Potato Scramble</p> <p>Lunch Entree Chicken Fajita Wrap Fiesta Beans, Guacamole & Salsa with Chips and Mangos</p> | <p>September 29th</p> <p>Breakfast Entree Cinnamon Toast Crunch Cereal and Blueberry muffin</p> <p>Lunch Entree French Bread Pizza Served with California Veggies and Pears</p> | <p>September 30th</p> <p>Breakfast Entree Bagel & Cream Cheese with Yogurt</p> <p>Lunch Entree Asian Bowl Served with Rice & Oriental vegetables</p> | <p>September 30th</p> <p>Breakfast Entree Bagel & Cream Cheese with Yogurt</p> <p>Lunch Entree Asian Bowl Served with Rice & Oriental vegetables</p> | <p>September 30th</p> <p>Breakfast Entree Bagel & Cream Cheese with Yogurt</p> <p>Lunch Entree Asian Bowl Served with Rice & Oriental vegetables</p> | |



Hot items will need to be cooked at 365 degree's for 15-20 minutes.
 Oven Temperature's vary
 Please keep cold items in the Refrigerator until needed.

