

Food Services Coordinator: Courtney Epler
Ceepler@myexeter.org

Please check the District Website, Food Services Tab to learn more.
Sign Up for SchoolCafe.com to apply for free/reduced meals, Look up nutritional & make payments. Set up an account to receive low balance alerts.



Exeter Township School District Sr. High School Lunch Menu October 2020



Meal Prices

Breakfast	Lunch
Student - \$2.05	Student - \$3.10
Reduced - \$.30	Reduced \$.40
	Second Entree \$2.30
Adult - \$ 2.50	Adult - \$4.25

** Menu Subject to Change**

<p>Grab & Go meals will offer Breakfast & Lunch to be purchased through School Cafe only!</p> 	Monday	Tuesday	Wednesday	Thursday October 1st	Friday October 2nd
				<p>Breakfast Entree Breakfast Pizza</p> <p>Lunch Entree Chicken Patty Sandwich Served with steamed Broccoli, and Apple Sauce</p>	<p>Breakfast Entree French Toast Cereal Bar</p> <p>Lunch Entree Italian Hoagie Served with String Beans, and Madarin Oranges</p>
<p>Juice Choices Orange juice Apple Juice Grape Juice</p>	October 5th	October 6th	October 7th	October 8th	October 9th
	<p>Breakfast Choices Egg & Potato Scramble</p> <p>Lunch Choices Walking Taco's with Lettuce, Tomato, Fiesta beans, Corn, and Mangos</p>	<p>Breakfast Choices Cinnamon Toast Crunch Cereal w/ a Apple Cinnamon Muffin</p> <p>Lunch Choices Hot Dog with a side of Chili Served with Zesty Sidewinder Fries, Green Beans, and Strawberries</p>	<p>Breakfast Choices Breakfast Pizza</p> <p>Lunch Choices Mac & Cheese topped with Philly Steak Served with Spinach Salad, and Pears</p>	<p>Breakfast Entree Bacon, Egg, Cheese Sandwich</p> <p>Lunch Entree Cheeseburger on Bun Sidewinder Fries, Coleslaw, and Grapes</p>	<p>Breakfast Entree Cinnamon Toast Crunch Cereal with a Banana Muffin</p> <p>Lunch Entree Mickey's Pizza Steamed Snap Peas, and Fruit Cocktail</p>
<p>Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Pineapple</p> <p>** Fruit & Vegetable Provided Depend On Availability</p> 	October 12th	October 13th	October 14th	October 15th	October 16th
	<p>Breakfast Entree Cinnamon French Toast</p> <p>Lunch Entree Cheese Steak w/Baked Chips Pepper Strips & Pickels Apple Snack Pack</p>	<p>Breakfast Entree Chocolate Chip Pancakes</p> <p>Lunch Entree Chicken & Cheese Quesadilla Served with: Salsa, Hummus w/Veggie Dippers, and Peaches</p>	<p>Breakfast Entree Cinnamon Roll</p> <p>Lunch Entree Pasta & Meatsauce w/Garlic Bread Served with Salad Greens, Steamed Zucchini, and Fruit Salad</p>	<p>Breakfast Entree Egg & Cheese on Croissant</p> <p>Lunch Entree Ham & Cheese on Pretzel Roll Served with Baked Beans, Coleslaw, and Pineapples</p>	<p>Breakfast Entree Bagel & Cream Cheese with yogurt</p> <p>Lunch Entree Stuffed Shells w/ Garlic Bread Both served with Salad, Steamed Cauliflower, and Peaches</p>
<p>Milk Choices White Chocolate</p> <p>*Milk will be offered with Lunch daily</p> <p>(Soy Milk is available for students w/dairy allergies)</p> 	October 19th	October 20th	October 21st	October 22nd	October 23rd
	<p>Breakfast Entree Egg & Potato Scramble</p> <p>Lunch Entree Chicken Fajita Wrap Fiesta Beans,Guacamole & Salsa with Chips and Mangos</p>	<p>Breakfast Entree Cinnamon Toast Crunch Cereal and Blueberry muffin</p> <p>Lunch Entree French Bread Pizza Served with California Veggies and Pears</p>	<p>Breakfast Entree Bagel & Cream Cheese with Yogurt</p> <p>Lunch Entree Asian Bowl Served with Rice & Oriental vegetables</p>	<p>Breakfast Entree Breakfast Pizza</p> <p>Lunch Entree Chicken Patty Sandwich Served with steamed Broccoli, and Apple Sauce</p>	<p>Breakfast Entree French Toast Cereal Bar</p> <p>Lunch Entree Italian Hoagie Served with String Beans, and Madarin Oranges</p>
	October 26th	October 27th	October 28th	October 29th	October 30th
	<p>Breakfast Choices Cinnamon French Toast</p> <p>Lunch Choices Walking Taco's with Lettuce, Tomato, Fiesta beans, Corn, and Mangos</p>	<p>Breakfast Choices Cinnamon Toast Crunch Cereal w/ a Apple Cinnamon Muffin</p> <p>Lunch Choices Hot Dog with a side of Chili Served with Zesty Sidewinder Fries, Green Beans, and Strawberries</p>	<p>Breakfast Choices Breakfast Pizza</p> <p>Lunch Choices Mac & Cheese topped with Philly Steak Served with Spinach Salad, and Pears</p>	<p>Breakfast Entree Bacon, Egg, Cheese Sandwich</p> <p>Lunch Entree Cheeseburger on Bun Sidewinder Fries, Coleslaw, and Grapes</p>	<p>Breakfast Entree Cinnamon Toast Crunch Cereal w/ a Banana Muffin</p> <p>Lunch Entree Chicken Drumstick w/Biscuit Steamed Snap Peas, and Fruit Cocktail</p>

**Please Heat all hot items to 365 degree's for 15-20 minutes. Oven Temperature's may Vary.
Keep cold items in the Refrigerator until needed.**

