

Food Services Coordinator: Courtney Epler
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 Please check the District Website, Food Services Tab to learn more.



Exeter Township School District Jr. High Lunch Menu September 2020



Meal Prices

Breakfast	Lunch
Student - \$2.00	Student - \$3.05
Reduced - \$.30	Reduced \$.40
	Second Entree \$2.20
Adult - \$ 2.50	Adult - \$4.25

Sign Up for Schoolcafe.com to apply for free/reduced meals,
 Look up nutritionals & make payments. Set up an account
 to receive low balance alerts.

** Menu Subject to Change**

	Monday	Tuesday	Wednesday	Thursday	Friday
		September 1st	September 2nd	September 3rd	September 4th
Grab & Go Meals will offer Breakfast and Lunch to purchase daily through school cafe only! 		Breakfast Entree Egg & Cheese Tac-Go Lunch Entree Mac & Cheese with Roll Served with Green beans and Pears	Breakfast Entree Cinnamon Poptart w/ Apple Cinnamon Muffin Lunch Entree Dutch Waffle w/ Sausage Served with Waffle fries and apple sauce	Breakfast Entree Reese's Cereal w/ Banana Muffin Lunch Entree Hot dog on a Bun Served with Lettuce & Tomato, Sidewinder Fries, Baked Beans, and Mandarin Oranges	<u>School Closed</u>
Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Pineapple 	<u>School Closed</u> <u>District Closed</u>	Breakfast Entree Fruit Loops Cereal with a Banana Muffin Lunch Entree Mickey's Pizza Served with Salad and Strawberries	Breakfast Entree Breakfast Pizza Lunch Entree French Toast w/Ham Hash Browns, Veggie Dippers, &	Breakfast Entree Mini Waffles Lunch Entree Sloppy Joe w/ Bun , String Beans Zucchini, and Fruit Salad	Breakfast Entree Mini Pancakes Lunch Entree Baked Chicken Filet Served w/ Lettuce& Tomato Slices, Baked Beans, and Peaches
** Fruit & Vegetable Provided Depend On Availability Juice Selections Orange Juice Apple Juice Grape Juice		Breakfast Entree Egg & Cheese Croissant Lunch Entree Walking Taco with Doritos Served with Lettuce, Tomato, Salsa, Corn, & Churro	Breakfast Entree Cinnamon French Toast Sticks Lunch Entree Mickey's Pizza Serverd with Veggie Dippers	Breakfast Entree Strawberry Poptart w/ Blueberry Muffin Lunch Entree Mild Boneless Wings w/ Roll Served w/ Coleslaw and Apples slices	Breakfast Entree Mini Waffles Lunch Entree Cheeseburger on a Bun Served with Lettuce & Tomato, Sidewinder Fries, Baked Beans, and Mandarin Oranges
Milk Choices White Chocolate (Soy Milk is available for students w/dairy allergies)		Breakfast Entree French Toast Sticks Lunch Entree PB & Jelly Uncrustable Served string cheese, Gold fish Graham, Carrot sticks and apple slices	Breakfast Entree Egg & Cheese Tac-Go Lunch Entree Mac & Cheese with Roll Served with Green beans and Pears	Breakfast Entree Cinn. Poptart w/ Apple Cinn. Muffin Lunch Entree Dutch Waffle w/ Sausage Served with Waffle fries and apple sauce	Breakfast Entree Reese's Cereal w/ Banana Muffin Lunch Entree Hot dog on a Bun Served with Lettuce & Tomato, Sidewinder Fries, Baked Beans, and Mandarin Oranges
		Breakfast Entree French Toast Sticks Lunch Entree PB & Jelly Uncrustable Served string cheese, Gold fish Graham, Carrot sticks and apple slices	Breakfast Entree Fruit Loops Cereal with a Banana Muffin Lunch Entree Mickey's Pizza Served with Salad and Strawberries	Breakfast Entree Breakfast Pizza Lunch Entree French Toast w/Ham Hash Browns, Veggie Dippers, & Grapes	

Heat Hot food Items to 350 degree's for 15-20 minutes.
 Oven temperature may vary.
 Keep Cold Food items in the Refrigerator until needed.

