

Food Services Coordinator: Courtney Epler
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Please check the District Website, Food Services Tab to learn more.

Sign Up for Schoolcafe.com to apply for free/reduced meals, Look up nutritionals & make payments. Set up an account to receive low balance alerts.



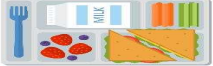



Exeter Township School District Jr. High Lunch Menu October 2020



Meal Prices

Breakfast	Lunch
Student - \$2.00	Student - \$3.05
Reduced - \$.30	Reduced \$.40
	Second Entree \$2.20
Adult - \$ 2.50	Adult - \$4.25

** Menu Subject to Change**

Grab and go meals will offer a breakfast & Lunch daily to purchase through school cafe only! 	Monday	Tuesday	Wednesday	Thursday	Friday
				October 1st	October 2nd
Juice Flavors Orange Juice Apple Juice Grape Juice				Breakfast Entree Mini Waffles Lunch Entree Sloppy Joe w/ Bun Served with String Beans and Fruit	Breakfast Entree Mini Pancakes Lunch Entree Baked Chicken Filet Served w/ Lettuce& Tomato Slices, Baked Beans, and Peaches
	October 5th	October 6th	October 7th	October 8th	October 9th
Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Pineapple ** Fruit & Vegetable Provided Depend 	Breakfast Entree Egg & Cheese Croissant Lunch Entree Walking Taco with Doritos Served with Lettuce, Tomato, Salsa, Corn, & Churro	Breakfast Entree Cinnamon French Toast Sticks Lunch Entree Mickey's Pizza Serverd with Veggie Dippers	Breakfast Entree Strawberry Poptart w/ Blueberry Muffin Lunch Entree Mild Boneless Wings w/ Roll Served w/ Coleslaw and Apples slices	Breakfast Entree Mini Waffles Lunch Entree Cheeseburger on a Bun Served with Lettuce & Tomato, Sidewinder Fries, Baked Beans, and Mandarin Oranges	Breakfast Entree Bagel with Cream Cheese Lunch Entree Italian Hoagie with Served w/ Sliced Lettuce, Tomato, and Fruit Cocktail
	October 12th	October 13th	October 14th	October 15th	October 16th
Milk Choices White Chocolate (Soy Milk is available for students w/dairy allergies) 	Breakfast Entree French Toast Sticks Lunch Entree PB & Jelly Uncrustable Served string cheese, Gold fish Graham, Carrot sticks and apple slices	Breakfast Entree Fruit Loops Cereal with a Banana Muffin Lunch Entree Mickey's Pizza Served with Salad and Strawberries	Breakfast Entree Breakfast Pizza Lunch Entree French Toast w/Ham Hash Browns, Veggie Dippers, & Grapes	Breakfast Entree Mini Waffles Lunch Entree Sloppy Joe w/ Bun Served with String Beans and Fruit Salad	Breakfast Entree Mini Pancakes Lunch Entree Baked Chicken Filet Served w/ Lettuce& Tomato Slices, Baked Beans, and Peaches
	October 19th	October 20th	October 21st	October 22nd	October 23rd
	October 26th	October 27th	October 28th	October 29th	October 30th
	Breakfast Entree Egg & Cheese Croissant Lunch Entree Walking Taco with Doritos Served with Lettuce, Tomato, Salsa, Corn, & Churro	Breakfast Entree Cinnamon French Toast Sticks Lunch Entree Mickey's Pizza Serverd with Veggie Dippers	Breakfast Entree Strawberry Poptart w/ Blueberry Muffin Lunch Entree Mild Boneless Wings w/ Roll Served w/ Coleslaw and Apples slices	Breakfast Entree Mini Waffles Lunch Entree Cheeseburger on a Bun Served with Lettuce & Tomato, Sidewinder Fries, Baked Beans, and Mandarin Oranges	Breakfast Entree Bagel with Cream Cheese Lunch Entree Italian Hoagie with Served w/ Sliced Lettuce, Tomato, and Fruit Cocktail

**Heat Hot food Items to 350 degree's for 15-20 minutes.
Oven temperature may vary.
Keep cold Items in the Refigerator until use**



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