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 Please check the District Website, Food Services Tab to learn more.







## Exeter Township School District Elementary Breakfast & Lunch Menu November 2020



**Meal Prices**  
 Adult Breakfast - \$2.50      Adult Lunch - \$4.25

*Sign Up for SchoolCafe.com to apply for free/reduced meals,  
 Look up nutritionals & make payments. Set up an account  
 to receive low balance alerts.*

\*\* Menu Subject to Change\*\*

|  | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|--|---|--|--|--|--|
| <br><br><b>Lunch B Sandwich of the week</b><br>Week 1 - Italian Hoagie<br>Week 2- PB & Jelly Uncrustable<br>Week 3- Ham & Cheese on Pretzel Bun<br>Week 4- Turkey & Cheese on Kaiser Roll<br><br>** Lunch B option will be served with<br>baked snack bag and fruit and<br>vegetable of the day.***   | November 2nd  | November 3rd   | November 4th   | November 5th   | November 6th   |
|  | <b>Breakfast Entree</b><br>Chocolate Crescent<br><br><b>Lunch A</b> Dutch Waffle w/<br>sausage links<br><b>Lunch B</b> Italian Hoagie   | <b>Breakfast Entree</b><br>Cinnamon Poptart w/ Banana<br>Muffin<br><br><b>Lunch A</b> - Chicken Patty w/ Bun<br>served w/ Green Beans and peaches<br><br><b>Lunch B</b> - Italian Hoagie   | <b>Breakfast entree</b><br>French Toast Sticks<br><br><b>Lunch A</b> Cheeseburger on Bun<br>Served with French Fries and apple slices<br><br><b>Lunch B</b> - Italian Hoagie   | <b>Breakfast Entree</b><br>Cinnamon Roll<br><br><b>Lunch A</b> - Baked Chicken Stix with Roll<br>Served with Carrots sticks and Fruit<br>Cocktail<br><br><b>Lunch B</b> - Italian Hoagie   | <b>Breakfast Entree</b><br>Strawberry Banana Yogurt with Chocolate<br>Chip Muffin<br><br><b>Lunch A</b> - Mickey's Pizza<br>Served with Broccoli and Fresh Fruit<br><br><b>Lunch B</b> - Italian Hoagie            |
| Daily Breakfast Juice<br>Orange Juice<br>Apple Juice<br>Grape Juice<br>Fruit Punch<br>Apple Juice<br><br><br><b>Fruit &amp; Vegetable Options*</b><br>Carrots    Apples<br>Cucumbers    Bananas<br>Broccoli    Peaches<br>Cauliflower    Pears<br>Celery    Pineapple<br>Sugar Snap Peas    Strawberries<br>Grapes<br>** Fruit & Vegetable Provided Depend On<br>Availability | November 9th  | November 10th  | November 11th  | November 12th  | November 13th  |
|  | <b>Breakfast Entree</b><br>Fruit Loops w/ a Blueberry muffin<br><br><b>Lunch A</b> - Hot dog on a Bun<br>Smile Potatoes, Baked beans, and<br>pears<br><br><b>Lunch B</b> - PB & Jelly Uncrustable w/<br>string cheese                         | <b>Breakfast Entree</b><br>Cinnamon Toast Crunch Bar<br><br><b>Lunch A</b> -Chicken tenders w/ honey<br>mustard cup, baked Chips, Baby Carrots,<br>and<br>Apple sauce<br><br><b>Lunch B</b> - PB & Jelly Uncrustable w/ string<br>cheese | <b>Breakfast Entree</b><br>Mini Waffles w/ syrup cup<br><br><b>Lunch A</b> - Mini Corn Dogs<br>Served with Fiesta Beans, Pasta Salad,<br>and Mandarin Oranges<br><br><b>Lunch B</b> - PB & Jelly Uncrustable w/ string<br>cheese | <b>Breakfast Entree</b><br>Strawberry Poptart with Apple<br>Cinnamon Muffin<br><br><b>Lunch A</b> -Chicken nuggets with Pierogies,<br>Peas, and fresh fruit selection<br><br><b>Lunch B</b> - PB & Jelly Uncrustable w/ string<br>cheese | <b>Breakfast Entree</b><br>Pancakes<br><br><b>Lunch A</b> - Personal Pizza served with corn<br>and Fruit cocktail<br><br><b>Lunch B</b> - PB & Jelly Uncrustable w/ string<br>cheese                               |
| <br><b>Milk</b><br>White<br>Chocolate<br>(Soy Milk is available for students w/dairy<br>allergies)   | November 16th   | November 17th  | November 18th  | November 19th  | November 20th  |
|  |   | <b>Breakfast Entree</b><br>French Toast sticks<br><br><b>Lunch A</b> - Meatball Sub<br>Served w/ broccoli and peaches<br><br><b>Lunch B</b> - Ham & Cheese on Pretzel Bun  | <b>Breakfast Entree</b><br>Triple Cherry Yogurt w/ Blueberry<br>Muffin<br><br><b>Lunch A</b> - Pancakes & sausage Patty<br>w/ Hash Brown Patty, and apple slices<br><br><b>Lunch B</b> - Ham & Cheese on Pretzel Bun             | <b>Breakfast Entree</b><br>Mini Waffles<br><br><b>Lunch A</b> - Personal Pizza<br>Veggie Selection and Fruit Cocktail<br><br><b>Lunch B</b> - Ham & Cheese on Pretzel Bun  | <b>Breakfast Entree</b><br>Bagel w/ Cream Cheese<br><br><b>Lunch A</b> -Chicken Nuggets and Mac & Cheese<br>Served with Carrot sticks, and Mandarin<br>Oranges<br><br><b>Lunch B</b> - Ham & Cheese on Pretzel Bun |
|  | November 23rd   | November 24th  | November 25th  | November 26th  | November 27th  |
|  | <b>Breakfast Entree</b><br>Chocolate Crescent Roll<br><b>Lunch A</b> -Dutch Waffle, Turkey Sausage<br>links, Hash Brown, and Fresh Fruit<br>selection<br><br><b>Lunch B</b> - Turkey & Cheese on Kaiser<br>Roll<br><br><b>Early Dismissal</b> | <b>Breakfast Entree</b><br>Cinnamon Poptart w/ Chocolate<br>Chip Muffin<br><b>Lunch A</b> -Chicken Patty w/ Bun<br>Served w/ Green beans and peaches<br><br><b>Lunch B</b> - Turkey & Cheese on Kaiser Roll<br><b>Early Dismissal</b>    | <b>School Closed</b>   | <b>Thanksgiving</b><br><b>School Closed</b><br><br><b>HAPPY</b><br><b>THANKSGIVING</b>   | <b>School Closed</b>   |
|  | November 30th   |  |  |  |  |
|  | <b>School Closed</b>  |  |  |  |  |

Heat all hot items to 365 degree's for 15-20 minutes  
 Oven Temperature's may vary.  
 Keep cold items in the Refridgerator until needed!  
 Enjoy!

