

Food Services Coordinator: Courtney Epler
 Ceepler@exetersd.org
 Please check the District Website, Food Services Tab to learn more.








Exeter Township School District Elementary Breakfast & Lunch Menu December 2020




Meal Prices
 Adult Breakfast - \$2.50 Adult Lunch - \$4.25

*Sign Up for Schoolcafe.com to apply for free/reduced meals,
 Look up nutritionals & make payments. Set up an account to
 receive low balance alerts.*

** Menu Subject to Change**

	Monday	Tuesday	Wednesday	Thursday	Friday
 Heat all hot items to 365 degree's for 15-20 minutes Oven Temperature's may vary. Keep cold items in the Refridgerator until needed! Enjoy!	December 1st	December 2nd	December 3rd	December 4th	December 5th
	Breakfast Entree Cinnamon Toast Crunch Bar Lunch -Chicken tenders w/ honey mustard cup, Baked Chips, Baby Carrots and Apple sauce cup	Breakfast Entree Mini Waffles w/ syrup cup Lunch - Mini Corn Dogs Served with Fiesta Beans, Pasta Salad, and Mandarin Oranges	Breakfast Entree Strawberry Poptart with Apple Cinnamon Muffin Lunch - Chicken nuggets with Pierogies, Peas, and fresh fruit selection	Breakfast Entree Pancakes Lunch - Personal Pizza served with broccoli and Fruit cocktail	Breakfast Entree Pancakes Lunch - Personal Pizza served with broccoli and Fruit cocktail
Daily Breakfast Juice Orange Juice Apple Juice Grape Juice Fruit Punch Apple Juice	December 7th	December 8th	December 9th	December 10th	December 11th
	Breakfast Entree Cocoa Puffs Cereal w/ Banana Muffin Lunch -Walking Taco with Nacho chips Served w/ shredded lettuce, tomato, cheese and pineapples	Breakfast Entree French Toast sticks Lunch -Meatball Sub Served w/ carrot sticks and peaches	Breakfast Entree Triple Cherry Yogurt w/ Blueberry Muffin Lunch - Pancakes & sausage Patty w/ Hash Brown Patty and apple slices	Breakfast Entree Mini Waffles Lunch - Personal Pizza Served w/ broccoli and Fruit Cocktail	Breakfast Entree Bagel w/ Cream Cheese Lunch -Chicken Nuggets and Mac & Cheese Served with Carrot sticks & Mandarin Oranges
 Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Pineapple Sugar Snap Peas Strawberries Grapes ** Fruit & Vegetable Provided Depend On Availability	December 14th	December 15th	December 16th	December 17th	December 18th
	Breakfast Entree Chocolate Crescent Roll Lunch -Dutch Waffle, Turkey Sausage links, Hash Brown, and Fresh Fruit	Breakfast Entree Cinnamon Poptart w/ Chocolate Chip Muffin Lunch -Chicken Patty w/ Bun Served w/ Green Beans and peaches	Breakfast entree French Toast Sticks Lunch - Cheeseburger on Bun Served with French Fries and apple slices	Breakfast Entree Cinnamon Roll Lunch -Baked Chicken Stix with Roll Served with string beans and Fruit Cocktail	Breakfast Entree Strawberry Banana Yogurt with Apple Cinnamon Muffin Lunch - Mickey's Pizza Served with Broccoli and Fresh Fruit
 Milk White Chocolate (Soy Milk is available for students w/dairy allergies)	December 21st	December 22nd	December 23rd	December 24th	December 25th
	Breakfast Entree Reese's Puffs Cereal w/ a Banana muffin Lunch -Hot dog on a Bun Smile Potatoes, Baked beans, and pears	Breakfast Entree Cinnamon Toast Crunch Bar Lunch -Chicken tenders w/ honey mustard cup, Baked Chips, Baby Carrots, and Apple sauce cup	School Closed	School Closed	School Closed 
 HEALTHY EATING	December 28th	December 29th	December 30th	December 31st	December 31st
	School Closed	School Closed	School Closed	School Closed New Years Eve	School Closed New Years Eve



Heat all hot items to 365 degree's for 15-20 minutes
Oven Temperature's may vary.
Keep cold items in the Refridgerator until needed!
Enjoy!

